

# Garimark FOODS™

## RTC Select Breaded Chicken Breast Tenders

Product Code 12429

### Features & Benefits

- **Savory** coating system on **whole muscle tenders** provide crispy and juicy bites – even in sauces and dips
- **Golden breading** highlights enhance the presentation of party platters and sharable dishes
- **Tender and juicy** with every bite, delivering authentic eating experience
- **Great texture and flavor** that works well in a variety of entrees and dishes – sure to be a crowd pleaser
- Select tenders are sized for **easy preparation** giving you more consistency and more even cook times



**COOKED**



**FROZEN**



**LABEL**



**CASE**

Product Attributes		Master Case	
MFG Code	12429	Gross Wt.	10.8 Pounds
GTIN	N/A	Net Wt.	10 Pounds
Piece Count	80 - 100 AVG*	L x W x H	18.4" x 9.6" x 5.8"
Shelf Life	12 Months	Cube	0.58 ft <sup>3</sup>
Origin	USA	Bag WT.	5 Pounds
Storage Temp	Frozen (0°F)	Bag CT.	2 Bags

Palletizing			
Pallet Ti/Hi	10 / 13	Pallet Cube	89.17 ft <sup>3</sup>
Case Count	130 cases	Gross Wt.	1404 Pounds
Pallet Size	48" x 40"	Net Weight	1300 Pounds

\*Subject to change without notice.

### Preparation Methods

**Deep Fryer\***: Deep fry from frozen for 3-4 minutes at 350°F.



**FRYER**



**OVEN**

**Convection Oven\***: Preheat oven to 400°F. Cook for 10-12 minutes from frozen, turning as needed for browning. **Conventional Oven\***: Preheat oven to 400°F. Cook for 12-16 minutes from frozen, turning as needed for browning.

\*Appliances may vary. Adjust cooking times as needed. For food safety, cook all products to an internal temperature of 165°F as measured by use of a meat thermometer. Overcooking May Cause Burning and Excessive Dryness.

### Nutrition Facts

40 servings per container		
Serving size		(113g)
Amount per serving		
<b>Calories</b>		<b>180</b>
		% Daily Value*
Total Fat 4.5g		6%
Saturated Fat 1g		5%
Trans Fat 0g		
Cholesterol 50mg		17%
Sodium 610mg		27%
Total Carbohydrate 16g		6%
Dietary Fiber 0g		0%
Total Sugars 0g		
Includes 0g Added Sugars		0%
Protein 18g		
Vitamin D 0mcg		0%
Calcium 9mg		0%
Iron 0mg		0%
Potassium 262mg		6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS

Containing up to 12% Solution of Water, Starch, Salt and Sodium Phosphates. Breaded with: Bleached Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Salt, Whey, Nonfat Milk, Soybean Oil (as a processing aid), Sugar, Yeast. Predusted and Battered with: Water, Bleached Wheat Flour, Modified Corn Starch, Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Extractives of Celery Seed. Breading Set in Soybean Oil. **CONTAINS: WHEAT AND MILK PRODUCTS.**

**Make It Great! Make It Garimark!**