

FC Italian Style Breaded Chicken Breast Fillets, 4.7 Ounces

Product Code **14047**

Features & Benefits

- **Authentic seasonings and flavors** deliver on your Signature Italian dishes including Chicken Parmesan, Chicken Marsala and more
- **Panko-type** coating offers **crispy and crunchy bites** with a variety of reconstitution methods
- **Heat-and-serve** versatility adds **convenience** for a variety of cook types including fryers, conventional ovens, speed ovens, and impingement ovens
- Great for use with dishes that incorporate sauces, garnishes or pasta - perfect for center-of-plate items and a variety of side dishes



COOKED



FROZEN



LABEL



CASE

Product Attributes		Master Case	
MFG Code	14047	Gross Wt.	10.8 Pounds
GTIN	00864554000400	Net Wt.	10 Pounds
Piece Count	31 - 38*	L x W x H	18.4" x 9.6" x 5.8"
Shelf Life	24 Months	Cube	0.58 ft ³
Origin	USA	Bag WT.	5 Pounds
Storage Temp	Frozen (0°F)	Bag CT.	2 Bags

Palletizing			
Pallet Ti/Hi	10 / 13	Pallet Cube	89.17 ft ³
Case Count	130 cases	Gross Wt.	1404 Pounds
Pallet Size	48" x 40"	Net Weight	1300 Pounds

*Subject to change without notice.

Preparation Methods

Deep Fryer*: Deep fry from frozen for 4-5 minutes at 375°F.



FRYER



OVEN

Convection Oven*: Preheat oven to 400°F. Cook for 14-16 minutes from frozen, turning as needed for browning. **Conventional Oven*:** Preheat oven to 400°F. Cook for 16-20 minutes from frozen, turning as needed for browning.

***Appliances may vary. Adjust cooking times as needed; For food safety, cook all products to an internal temperature of 165°F as measured by use of a meat thermometer. Contains Milk & Dairy Products. Overcooking Causes Burning.**

Nutrition Facts

About 35 servings per container

Serving size (133g)

Amount per serving	% Daily Value*
Calories 200	
Total Fat 5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 850mg	37%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 19mg	2%
Iron 1mg	6%
Potassium 309mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS: Chicken Breast Fillets with Rib Meat, Water, Seasoning (Garlic Powder, Salt, Sugar, Onion Powder, Spices [Including Celery Seed and Fennel], Yeast Extract, Expeller Pressed Canola Oil [as a processing aid], not more than 2% Silicon Dioxide added to prevent caking), Sodium Phosphate, and Salt. Breaded with: Bleached Wheat Flour, Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Maltodextrin, Whey, Dextrose, Yellow Corn Flour, Romano Cheese (Cow's Milk, Starter Culture, Salt, Enzymes), Spice, Yeast, Soybean Oil (as a processing aid), Dehydrated Garlic, Onion Powder, Yeast Extract, Dehydrated Parsley, Extractives of Paprika and Annatto. Battered with: Water, Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Salt, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Onion Powder, Garlic Powder, Cellulose Gum, Spice. Predusted with: Wheat Flour, Salt, Wheat Gluten, Yellow Corn Flour, Soybean Oil, Dried Whey, Spice Extractive, Soy Lecithin. Breading Set In Soybean Oil. **CONTAINS: WHEAT, SOY AND MILK PRODUCTS.**

Make It Great! Make It Garimark!

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THE TASTE OF ITALY

Garimark Foods Fully Cooked Italian Style Breaded Chicken Breast Fillets

You can create many authentic Italian-inspired chicken dishes with our great breaded Italian Chicken Fillets! These fillets cook right from frozen in a conventional oven, a deep fryer, a linear oven and even a speed oven!

Great for:

- ✓ Chicken Parmesan with Pasta
 - ✓ Baked Italian Chicken with Vegetables
 - ✓ Chicken Milanese
 - ✓ Italian Breaded Chicken Salad
- and much more!



**For Great Italian Dishes...
Start with Great Italian Chicken!**

Garimark FOODS™

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